

Advocacy

About this Document

This information is written in an easy to read way



We use pictures to explain some ideas



You can ask for help to read this information



A family member, friend or support person may be able to help you



What is an Advocate?

An advocate is someone you trust who can help you to tell us what you want or need



An advocate can be a friend, family member or from an advocacy service



An advocate can help you in many ways if you have a problem



An advocate can:

- help you make decisions, say what you want, or understand decisions



- help you if you have complaints



- help you if you are feeling unsafe



How to find an Advocate

You can ask any of our staff



You can find a list of advocacy services through this link: [Disability Advocacy Finder.](#)



Achieve Australia

Contact Details

You can speak to someone at our head office:



Suite 1.01, 1 Epping Road
North Ryde NSW 2113



You can call us on:
1300 22 44 38



You can visit our website:
www.achieveaustralia.org.au

Find more supports:

<https://askizzy.org.au/>