

# Freedom from Abuse and Neglect



You have the right to a life that is free from violence, abuse and neglect.



Violence and abuse is when someone hurts or hits you.



Neglect is when you are not cared for and your needs are not met.



Types of abuse and neglect

- Domestic violence
- Neglect
- Physical or emotional



Other types of neglect include

- Sexual and physical assault
- Financial or systems
- Repeat patterns



We do not allow abuse and neglect in our service.



We want you to speak to us if anyone hurts you or treats you bad.



We follow these steps to help keep you safe:

1. Follow the rules
2. Train our staff

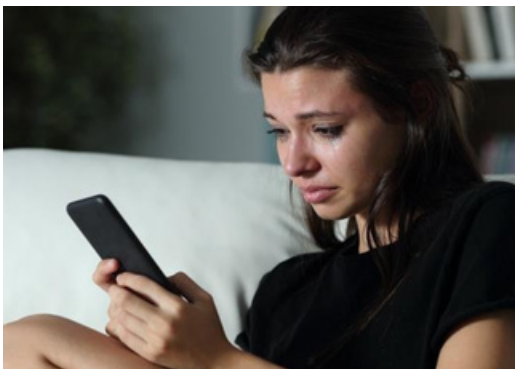


3. Keep records safe and private
4. Support you if something bad happens
5. Call the police if we need to



We will

- Listen to you
- Keep people informed
- Make sure you get the right support
- Do regular safety checks and make changes if needed



If you are experiencing abuse, you can call the National Disability Abuse and Neglect Hotline on 1800 880 052.

# Achieve Australia

## Contact Details

You can speak to someone at our head office:



Suite 1.01, 1 Epping Road  
North Ryde NSW 2113



You can call us on:  
1300 22 44 38



You can visit our website:  
[www.achieveaustralia.org.au](http://www.achieveaustralia.org.au)